

SYLLABUS FOR KATHAK DANCE

Beginner

Teacher: Ms. Sonali Roy (Kathak teacher/performer, SVCC Seoul)

Course duration: (24 Weeks / 48 hrs)

Theory

1. A brief history of Indian dance.
2. Acquaintance with the themes of Ramayana, Mahabharata in context of Kathak. Acquaintance with other myths and legends pertinent to the dance drama or gat baav like Kalia daman, Govardhanlila, Panghat lila, Makhan chori, Draupadi Cheer Haran.
3. A brief history of Kathak dance
 - a) Reference from ancient text (vedic, puranic, epics and other scriptures). Evaluation of Kathak dance in Pracheen Kal/Mandir Kal (Katha vachak and Rasdhar tradition, etc). Madhya Kal/Darbar kal, Adhunik Kal covering british and post independent era till the present time.
4. Acquaintance with its repertoire (Definitions)
Rang Prabesh/Invocation, compositions (Bandish) from traditional technical dance part of Kathak. Literary contents – Abhinaya, Bhajans, Thumri, Kavita etc.
5. Distinctive aspects of Kathak (Using Ghungroos, Chakkars, Costume etc).
6. Ability to write notation of Teental and Jhaptal (Thay, dugun, chaugun).
7. Definition and short explanation: Nritya, Nritya, Natya, Tandava, Lasya, Anga, Upanga, Pratyanga.

Beginner

Practical

1. Practical of basic standing position and various patterns of Tatkar.
2. Practice of exercise of different parts of the human body particularly Anga, Pratyanga, Upanga.
3. Practice of exercise of ten different movements (hastak) chakkarsin teental in thaay, dugun, chaugun laya.
4. Parahant of teental, Jhaptal with hasta kriya in thhay, dugun, chaugun.
5. Practice of Tatkar set to teental in a slower tempo (thhay laya) and in its double (dugun) and four times (chaugun laya).
6. The student should know the following compositions;
 1. Thhat (1)
 2. Aamad (2)
 3. Fast Aamad (tez aamad) (2)
 4. Vandana (1)
 5. Tukra/Toda (4)
 6. Natwari ka tukra (4)
 7. Gatnikaas (2)
 8. Gatbhaav (1)
 9. Paran (4)
 10. Tihaayi (4)
 11. Ladi/ Laya Baant (2)
 12. Parahant of Tukra /Toda with hasta kriya (2)